

A newsletter for the Civil Service Employees of Southern Illinois University

Membership 2015-2016

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Civil Service Council—Election Results

The SIU Carbondale Civil Service Council elections were held this past May. The three positions representing the constituents under the Provost and Vice Chancellor sector were filled with the re-election of **Karin Wece** from Library Affairs, and the elections of **Jane Meuth**, CESL, and **Travis Zettler**, College of Business. **Michele Tourville**, University Housing, accepted the Auxiliary Service sector open position and the two positions within the General sector were filled with the re-election of **Anthony Travelstead**, Campus Mail Service, and newly elected **William Dozier**, Public Safety.

Retiring from the Council were Regina Brown, Student Health Services, Diane Frew, College of Business, and Vera Gibbs, Plant and Service Operations. Council President Carolin Harvey presented each with a certificate and thanked them for their dedication and commitment in representing their fellow civil service employees and for their many years of service on the council.

At the Civil Service Council meeting on June 3th, election of officers were held. Carolin Harvey was re-appointed Council President, and Mickel Cordes became Council Treasurer. These officer positions will serve a two year term on the Council. The other Civil Service Council officers include Jason Phillips, Council Vice President and Anthony Travelstead, Council Secretary.

Congratulations



Pictured left to right: Elizabeth Cheek, Tina Gerecke, Ann Little, Mickel Cordes, Doreen Hees, Travis Zettler, Carolin Harvey, William Dozier, Randy Lowe, Anthony Travelstead, Lisa Grotts, Jason Phillips, Jane Meuth, Cyndy Green, Tara Moore, Karin Wece
Not pictured: Michele Tourville



Effective July 1, 2015

What should you do if you see someone smoking on campus?

You may courteously and tactfully approach individuals who are smoking and say: "For the health of our visitors, students and employees, and in compliance with Illinois State Law, smoking is not allowed on our campus. Thank you for complying." Then, walk away. If the person continues to use tobacco products on campus, please report the incident to the Department of Public Safety.

Additional information can be found at <http://www.smokefree.siu.edu/>

HOT WEATHER TIPS

Heat is the number one weather-related killer in the United States. On average, excessive heat claims more lives each year than floods, lightning, tornadoes and hurricanes combined. When the body heats too quickly to cool itself safely, or when you lose too much fluid or salt through dehydration or sweating, your body temperature rises and heat-related illness may develop. Here are some hot weather tips to help ensure your safety:

- Stay hydrated - water is your friend, by the time you are thirsty you are already dehydrated. Outdoor worker should drink between 2-4 cups of water every hour. Note: caffeine and alcohol adds to dehydration and should be had in moderation
- Sun Safety - find some shade, put on sunscreen 20 minutes before going out (min SPF 30+), wear a hat, sunscreen and sunnies. Reapply sunscreen every two hours or after swimming.
- Cars - don't leave children, elderly or pets in parked vehicles.
- Cool activities - go to the movies, spend time at the shopping centres or other air conditioned places.
- Know the following symptoms of heat stroke, a life-threatening, heat-related illness:
 - o An extremely high body temperature (above 103°F)
 - o Red, hot and dry skin (no sweating)
 - o Rapid, strong pulse
 - o Throbbing headache
 - o Dizziness
 - o Nausea
 - o Confusion
 - o Unconsciousness

Exercise - if you need to, plan for the cooler parts of the day and keep fluids up.



BEAT THE HEAT: Extreme Heat

Heat related deaths are 100% preventable

WHAT:

Extreme heat or heat waves occur when the temperature reaches extremely high levels or when the combination of heat and humidity causes the air to become oppressive.

WHO:

More males than females are affected

Children

Elderly

Construction workers

WHERE:

Houses with little to no AC

Construction worksites

Cars

HOW to AVOID:

Stay hydrated with water, avoid sugary beverages

Stay cool in an air conditioned area

Wear light-weight, light colored, loose fitting clothes

Congratulations to the Spring 2015 Award Recipients!

This past Spring, the SIU Carbondale Civil Service Council's Education Assistance Committee (EAC) awarded 19 students with scholarship education awards. Each student received \$225 towards their tuition and fees. EAC raises money for scholarships through fundraising activities during the academic year. To help in awarding more to our students - get involved with your Civil Service Council Fundraising opportunities.

The Spring scholarship winners are listed below:

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|---|---|
| Abby Bateman (sponsor, Jana Bateman, Student Health Center)
Bailey Battaglia (sponsor, Pamela Battaglia, College of Education)
Kyli Foster (sponsor, Lori Foster, Sponsored Research Administration)
Jacob Gaertner (sponsor, Chris Gaertner, Plant and Service Operations)
Victoria Gwaltney (sponsor, Denis Gwaltney, Physical Plant)
Jacob Hackman (sponsor, Diane Hackman, SIU Foundation)
Phillip Heckel-Perkins, (sponsor, Jura Lea Perkins, Ctr for Teaching Excellence)
Brittany Jennings (sponsor, Susan Jennings, Payroll)
Michael Kraft (sponsor, Jon Kraft, Chemistry and Biochemistry)
Josh Lannom (sponsor, Paul Lannom, Recreational Sports and Services) | Kaitlyn McIntyre (sponsor, Diane McIntyre, University Housing)
Tracy McMormick, (sponsor, Mary Kay Bledsoe, College of Liberal Arts)
Jordan Meuth (sponsor, Jane Meuth, Center for English as a Second Language)
Laurelin Pitts (sponsor, Jennifer Stillman, Bursar)
Julie Robertson (sponsor, Jodi Robertson, Student Health Center)
Kelsey Reed (Sponsor Sherri Thomas-Rich, Human Resources)
Chaz Ruffino (sponsor, Trudy Ruffino, University Housing)
Elijah Shaw (sponsor, Anthony Ortiz, Physical Plant)
TreVon Sherrill (sponsor, Kita Sherrill, University Housing) |
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**Southern Illinois University Carbondale Payroll Deduction Authorization
Civil Service Council Education Assistance Fund**

Name					
	Last	First	MI	Last four digits of SS#	AIS#
Home Address					
	Street	City	State	Zip	
Campus Address					
	Department	School/College	MC	Campus Phone	

I am paid Monthly Semi-Monthly Bi-weekly

I hereby authorize Southern Illinois University Carbondale, as an agent of the State of Illinois, to deduct from my earnings and deposit with the SIU Foundation each pay period, beginning _____, 20____ the amount checked: \$2.50 per pay period \$5.00 per pay period \$_____ per pay period. My gift is designated for the **Civil Service Council Education Assistance Fund**. I reserve the right to change or revoke this authorization by submitting a written revocation card to the Southern Illinois University Foundation.

The deduction(s) authorized on this card is/are: <input type="radio"/> In addition to <input type="radio"/> To discontinue & replace all current deductions <input type="radio"/> To discontinue & remove all current deductions
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Please return to:
 SIU Foundation, MC 6805
 1235 Douglas Drive
 Southern Illinois University
 Carbondale, IL 62901

Signature _____

Date _____

SIU Carbondale and the SIU Foundation retain six percent of all gifts to enhance philanthropic-related initiatives.

The Civil Service News Update is published by the Civil Service Council's Public Information Committee. It is dispersed to all SIU Carbondale civil service employees. The purpose of the newsletter is to keep civil service employees informed of the activities of the Civil Service Council, to relay work-related items of interest and to acknowledge and recognize the civil service workforce for its service to SIU Carbondale.

Editor: Mickel Cordes Contributing Members: Diane Frew, Anthony Travelstead Layout and Design: Anthony Travelstead